

## LOCAL, REGIONAL & NATIONAL RESOURCES *for Bereaved Children & Teens*

### **NH PROGRAMS**

**Friends of Aine: Center for Grieving Children & Families** (Manchester, NH) offers support groups for children, teens and their families. For general information, call 603-669-1120; for the Good Grief program, call 603-668-1207. [www.friendsofaine.com](http://www.friendsofaine.com)

**H20** (Concord VNA, Concord Hospital, Boys and Girls Club of Greater Concord) is a monthly support group for bereaved children and teens (ages 6-18) and their families. To register, call 603-224-4093, ext. 2828.

**Crossings Bereavement Support Group** for children & their families aged 3-18 through Visiting Nurse in North Conway NH, [www.vnhch.org/community-health](http://www.vnhch.org/community-health) or contact Julie Lanoie, Program Coordinator 603-356-7006 ext. 43 or 800-499-4171 email: [julielanoie@vnhch.org](mailto:julielanoie@vnhch.org)

### **REGIONAL CHILD LOSS CENTERS**

**The Children's Room**, Arlington, MA [www.childrensroom.org](http://www.childrensroom.org)

**The Center for Grieving Children**, Portland, ME [www.cgcmaine.org](http://www.cgcmaine.org)

### **NATIONAL WEBSITES**

[www.childrengrieve.org](http://www.childrengrieve.org) (National Alliance for Grieving Children)

[www.dougy.org](http://www.dougy.org) (The Dougy Center in Portland, Oregon)

[www.compassionatefriends.org](http://www.compassionatefriends.org) Provides support for families who have experienced the loss of a child. Local chapters in Nashua and Manchester. Local contact: [www.tcfmanchester.org](http://www.tcfmanchester.org)

[www.grievingstudents.org](http://www.grievingstudents.org) Specific to grief in the school setting

*To be connected with therapists who have experience in grief and loss, contact Kara Valin at 603-420-1919 or [Kara.Valin@hhhc.org](mailto:Kara.Valin@hhhc.org); or Heather Principato at 603-420-1937 or [Heather.Principato@hhhc.org](mailto:Heather.Principato@hhhc.org) for a referral list.*

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### **CAMPS**

**Camp Comfort Zone**, 3 day weekend camp for bereaved children and teens.

[www.comfortzonecamp.org](http://www.comfortzonecamp.org)

**Camp Erin**, The largest nation-wide network of free bereavement camps for children and teens.

[www.moyerfoundation.org/camps-programs/camp-erin](http://www.moyerfoundation.org/camps-programs/camp-erin)

**Camp Kesem**, a free summer camp serving children who have lost a parent to cancer.

[www.campkesem.org](http://www.campkesem.org)

**Camp Mariposa**, An addiction prevention and mentoring program for youth (ages 9-12) impacted by the substance abuse of a family member. [www.moyerfoundation.org/camps-programs/camp-mariposa](http://www.moyerfoundation.org/camps-programs/camp-mariposa)

**Circle of Tapawingo**, Sweden, Maine and Circle of Fleur de Lis, Fitzwilliam, NH, overnight, free, 6 day camp for girls ages 9-14 who have experienced the loss of a parent. [www.circlecamps.org](http://www.circlecamps.org)

**Manitou Experience**, overnight, free, 6 day camp for boys in grades 4-11 who have lost a parent or sibling. [www.experience.camp](http://www.experience.camp)

**On Belay**, free, outdoor, adventure based program for children and teens, ages 8-18, dealing with a family member with cancer. [www.on-belay.org](http://www.on-belay.org)

**Outward Bound**, outdoor, adventure based program for grieving teens:  
[www.outwardbound.org/group-programs/grieving-teens](http://www.outwardbound.org/group-programs/grieving-teens)

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