## Home Health & Hospice Care

# LOCAL, REGIONAL & NATIONAL RESOURCES for Bereaved Children & Teens

#### LOCAL PROGRAMS

Friends of Aine: Center for Grieving

**Children & Families** (Manchester, NH) offers support groups for children, teens and their families. For general information, call 603-669-1120; for the Good Grief program, call 603-668-1207. www.friendsofaine.com

#### **REGIONAL CHILD LOSS CENTERS**

The Children's Room, Arlington, MA www.childrensroom.org

**The Center for Grieving Children,** Portland, ME **www.cgcmaine.org** 

#### NATIONAL WEBSITES

https://nacg.org (National Alliance for Grieving Children)

www.dougy.org (The Dougy Center in Portland, Oregon)

### www.compassionatefriends.org

Provides support for families who have experienced the loss of a child. Local chapters in Nashua and Manchester. Local contact: www.tcfmanchester.org

www.grievingstudents.org Specific to grief in the school setting

#### CAMPS

**Camp Comfort Zone**, 3 day weekend camp for bereaved children and teens. **www.comfortzonecamp.org** 

**Camp Erin,** The largest nation-wide network of free bereavement camps for children and teens. **www.elunanetwork.org/camps-programs/camp-erin** 

**Camp Kesem,** a free summer camp serving children who have lost a parent to cancer. **www.campkesem.org** 

Camp Mariposa, An addiction prevention and mentoring program for youth (ages 9-12) impacted by the substance abuse of a family member. www.elunanetwork.org/camps-programs/campmariposa

**Circle of Tapawingo,** Sweden, Maine and Circle of Fleur de Lis, Fitzwilliam, NH, overnight, free, 6 day camp for girls ages 9-14 who have experienced the loss of a parent. **www.circlecamps.org** 

**Manitou Experience,** overnight, free, 6 day camp for boys in grades 4-11 who have lost a parent or sibling. **www.experience.camp** 

**On Belay,** free, outdoor, adventure based program for children and teens, ages 8-18, dealing with a family member with cancer. **www.on-belay.org** 

**Outward Bound**, outdoor, adventure based program for grieving teens.

www.outwardbound.org/expeditions/grieving-teens

If you have any questions, or want to learn more about our programming, please call 603-882-2941 and ask for the Bereavement Department.