

# Home Health & Hospice Care

## LOCAL, REGIONAL & NATIONAL RESOURCES *for Bereaved Children & Teens*

### NH PROGRAMS

**Good Grief** (Home Health & Hospice Care of Merrimack, NH) This program has existed for 30 years in southern NH, serving elementary and middle school children, K-8. Sessions meet bi-weekly from September to June.

**Teen Topics** (Home Health & Hospice Care of Merrimack, NH) is a program for high school students meeting monthly throughout the academic year. Each session has a topic and a teen-friendly activity related to the topic.

*Registration required for Good Grief and Teen Topics: contact [Linda.Riley@hhhc.org](mailto:Linda.Riley@hhhc.org) or call 603-420-1914.*

**H20** (Concord VNA, Concord Hospital, Boys and Girls Club of Greater Concord) is a monthly support group for bereaved children and teens (ages 6-18) and their families. To register, call 603-224-4093, ext. 2828.

**Crossings Bereavement Support Group** for children & their families aged 3-18 through Visiting Nurse in North Conway NH, [www.vnhch.org/community-health](http://www.vnhch.org/community-health) or contact Julie Lanoie, Program Coordinator 603-356-7006 ext. 43 or 800-499-4171 email: [julielanoie@vnhch.org](mailto:julielanoie@vnhch.org)

### REGIONAL CHILD LOSS CENTERS

**The Children's Room**, Arlington, MA [www.childrensroom.org](http://www.childrensroom.org)

**The Center for Grieving Children**, Portland, ME [www.cgcmaine.org](http://www.cgcmaine.org)

### NATIONAL WEBSITES

[www.childrengrieve.org](http://www.childrengrieve.org) (National Alliance for Grieving Children)

[www.dougy.org](http://www.dougy.org) (The Dougy Center in Portland, Oregon)

[www.compassionatefriends.org](http://www.compassionatefriends.org) Provides support for families who have experienced the loss of a child. Local chapters in Nashua and Manchester. Local contact: [www.tcfmanchester.org](http://www.tcfmanchester.org)

[www.grievingstudents.org](http://www.grievingstudents.org) Specific to grief in the school setting

### CAMPS

**Camp Comfort Zone**, 3 day weekend camp for bereaved children and teens. [www.comfortzonecamp.org](http://www.comfortzonecamp.org)

**Camp Erin**, The largest nation-wide network of free bereavement camps for children and teens.

[www.moyerfoundation.org/camps-programs/camp-erin](http://www.moyerfoundation.org/camps-programs/camp-erin)

**Camp Mariposa**, An addiction prevention and mentoring program for youth (ages 9-12) impacted by the substance abuse of a family member. [www.moyerfoundation.org/camps-programs/camp-mariposa](http://www.moyerfoundation.org/camps-programs/camp-mariposa)

**Circle of Tapawingo**, Sweden, Maine and Circle of Fleur de Lis, Fitzwilliam, NH, overnight, free, 6 day camp for girls ages 9-14 who have experienced the loss of a parent. [www.circlecamps.org](http://www.circlecamps.org)

**Manitou Experience**, overnight, free, 6 day camp for boys in grades 4-11 who have lost a parent or sibling. [www.experience.camp](http://www.experience.camp)

**Outward Bound**, outdoor, adventure based program for grieving teens:

[www.outwardbound.org/group-programs/grieving-teens](http://www.outwardbound.org/group-programs/grieving-teens)

*To be connected with therapists who have experience in grief and loss, contact Lisa Woods at 603-420-1919 or [Lisa.Woods@hhhc.org](mailto:Lisa.Woods@hhhc.org) or Cammiejean Byrd at 603-420-1914 or [Cammiejean.Byrd@hhhc.org](mailto:Cammiejean.Byrd@hhhc.org) for a referral list.*